



Thanks-Giving Kirtan with ShaktiPath



Friday, November 8 , 7 pm

Peconic River Yoga is pleased to welcome ShaktiPath! Experience a live Kirtan incorporating music and chanting as a path to meditation. The goal of meditation is to clear the mind of debris in order to tune into our highest self, facilitating a sense of inner calm and joy. Mantra meditation is a call and response form of chanting, creating vibrational energy while focusing on the mantra's meaning. Come and allow your shakti to flow with the joyful transformative power of chant as you connect to your community, feed the hungry and experience a ShaktiPath Kirtan!

Fee: \$20 (kids under 12 FREE!)

To purchase tickets on-line: www.peconicriveryoga.com

Tickets will be available for sale at the door on the evening of the event.

*We will be collecting **donations** of non-perishable food items for the local food pantry. Many people are in great need in our community. Your generosity is appreciated!*

ShaktiPath is a musical collaboration blending rhythms and harmonies to channel 'shakti', universal energy, from the deep seat of the soul straight to the heart. Robert Julius Condemi, multi-dimensional musician/ yoga practitioner and Amy Perri, ERYT500/Registered Yoga Teacher and instrumentalist in her own right, create ShaktiPath. Together they deliver a musical experience that stems from traditional yogic chants, contemporary songs, and a distinct combination of the two. ShaktiPath provides music for Kirtan, Asana Classes, Music Venues or Private Parties. For information, please contact: Rob at 209-0080 or Amy at 839-0644.

www.ShaktiPath.net



Peconic River Yoga 740 Main Rd. (Rt. 25), Aquebogue, NY 11931 631-369-9569